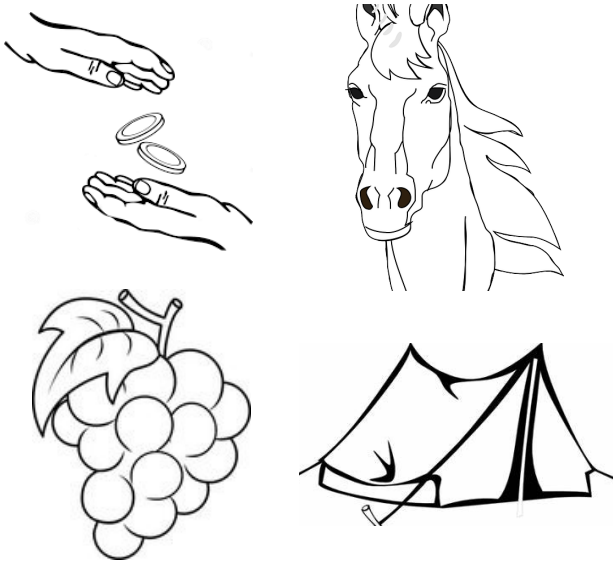


The First Reading: Exodus 22:20-26

Color in the picture that matches what you hear in the first reading

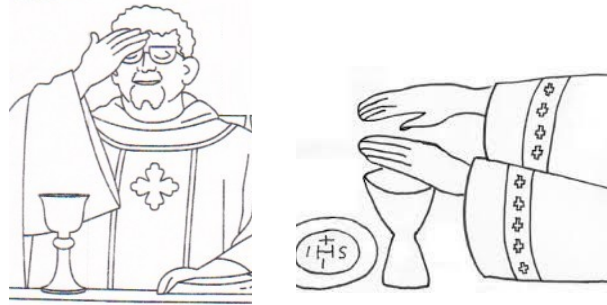


The Psalm: PS 18:2-3, 3-4, 47, 51

What does this Psalm call God? Write or draw below

The Liturgy of the Eucharist

There is so much happening during the Liturgy of the Eucharist. Watch for these items and gestures:



Gestures are a way to say something without words. I wonder what is being said here? Write or draw your thoughts below.

The Homily

The homily is a time to reflect on the Mass readings. Listen to the homily as best you can, and while you listen you can take this time to finish your pictures or reflections from the readings. If you have any questions and are able to, write them down. Use the space below to write or draw about what you notice.

The Second Reading: 1 Thes 1:5C-10

How have you let people know about God this week? Write or draw below.

The Dismissal

"Go in peace, glorifying the Lord by your life."

After Mass has ended, look over your journal. What is one thing that you really liked that you want to remember this week? Write or draw below

MY MASS JOURNAL

30th Sunday in Ordinary Time

On your way to Mass, think of one or two things that went well this week that you want to offer thanks for at Mass.

Draw or write them here.

The Gospel: Matthew 22:34-40

What does Jesus say is the greatest commandment? I wonder what he thinks rules are for. Draw or write your thoughts below.

Think of one or two things from the week that were not good or were difficult that you want to pray about at Mass. Draw or write them here.
